The Family's PSAs© Helps the Teen Adjust to Being in a Stepfamily

Personality Strength	Dad Bart's Rank in the US Popu-lation	Carl's Rank in the US Popu-lation	Stepmom Kala's Rank in the US Popu-lation	Observations
1. Affiliation	1%	93%	20%	Spending time with my friends really helps me during this change.
2. Change	75%	90%	15%	This change is harder for mom than for dad or me.
3. Activity Level/Energy	90%	90%	75%	We all plan too much. Now I see why we all feel overwhelmed. Let's cut some things out.
4. Tendency to Assess Feelings	20%	90%	90%	Stepmom sees I care about friends. Dad doesn't.
Social Value	70%	90%	90%	Look how high the commit-ment to give back to soci-ety is for all of us.
Thoughtfulness/Reflectiveness	95%	90%	70%	Each one gives serious thought before taking any action. 5. urges them to get a lot done. So
5. Achievement	95%	80%	80%	let's chill more while we adjust to each other.
Theoretical Value	80%	80%	30%	_____
Feelings of Guilt	16%	75%	50%	_____
Feelings of Inferiority	16%	75%	50%	_____
6. Nurturance	50%	75%	95%	I can talk to my Stepmom.
Religious Value	30%	65%	50%	_____
Aesthetic Value	30%	60%	18%	_____
Social Boldness	60%	60%	95%	I am new at this school. My stepmom shows me how to meet people.
Ability to Ask for Help	75%	50%	15%	_____
7. Autonomy	90%	50%	20%	Dad needs time to himself. He's NOT just getting away from me. Ok.
Deference	14%	50%	50%	_____
Sociability/Social Interest	50%	45%	40%	_____

Endurance	20%	40%	12%	_____
Exhibition	98%	35%	88%	_____
Optimism	40%	25%	60%	_____
Restraint/Seriousness	20%	20%	50%	_____
Traditional Male/Female View	20%	20%	8%	_____
Aggression	55%	16%	50%	_____
Objectivity	40%	15%	65%	_____
Heterosexuality	99%	15%	84%	_____
Economic Value	70%	5%	55%	_____
Political Value	40%	5%	35%	_____
Cooperativeness	20%	3%	30%	_____
Dominance	80%	3%	84%	_____
Order	1%	1%	45%	_____

Blue = Coping Strategies   Green = Temperament Strengths   Red = Values