

How do Ted and Lynn use their personality strengths in retirement? Read 1.–12.

Personality Strength	Ted's Rank in the US Population	Lynn's Rank in the US Population	Difference	Observations
1. Autonomy	98%	90%	10%	Each can do a project alone. So each has individual projects.
2. Economic Value	97%	77%	30%	They have money because they increased profits and made wise investments throughout the years.
Activity/Energy Level	95%	45%	50%	_____
3. Dominance	95%	90%	5%	If each wants to be in charge of a project they flip a coin. Or do a Trade Out.
Change	80%	30%	50%	_____
4. Optimism	80%	95%	15%	They enjoy what they have worked a long time to create. And see possibilities for fun that they had not ever thought of before. YAY!
Order	80%	15%	65%	_____
5. Traditional Male/Female View	80%	10%	70%	Since Lynn is not very traditional she keeps working. Now she helps younger people plan their lives.
Ability to Ask for Help	75%	45%	30%	_____
Objectivity	75%	55%	20%	_____
6. Restraint/Seriousness	75%	35%	40%	Lynn helps Ted play. His work was so much a part of his life that he needs her to help him get more comfortable just chillin'.
7. Theoretical Value	75%	85%	10%	Both consider every option before selecting one. They enjoy exploring retirement options. They find new ones that they just love!
Endurance	65%	35%	30%	_____
Political Value	65%	30%	35%	_____
Social Boldness	65%	75%	10%	_____
Exhibition	55%	55%	----	_____
Aggression	50%	25%	25%	_____

Deference	50%	16%	34%	_____
8. Friendliness/Agreeableness	40%	95%	55%	Lynn helps Ted develop new friendships in retirement.
Thoughtfulness/Reflectiveness	40%	40%	-----	_____
Aesthetic Value (Harmony)	35%	20%	15%	_____
Cooperativeness	30%	30%	-----	_____
9. Religious Value	20%	75%	55%	Lynn is doing a retirement job (without pay) that makes a difference in people's lives.
Social Interest	20%	70%	50%	_____
10. Tendency to Assess Feelings	20%	75%	55%	Lynn helps Ted here as he adjusts to not being the CEO, meets new people and selects new friends.
11. Affiliation	16%	50%	34%	She spends time with girlfriends.
12. Nurturance	10%	65%	55%	She takes care of Ted and the grandchildren. Her girlfriends are nurturing, too.
Social Value	9%	15%	6%	_____
Feelings of Guilt	2%	35%	33%	_____
Feelings of Inferiority	2%	35%	33%	_____
Sexuality	1%	65%	64%	_____

Blue = Coping Strengths Green = Temperament Strengths Red = Values

Return to the Case Study: [Enjoy Your Retirement](#)
Return to the Index of [Case Studies](#).