

# Consider a New Career©

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## Reasons I Might Be Considering a New Career

1. I feel like I have outgrown this career. It bores me now. Who do I know that has the kind of career that I may find rewarding and be good at?
2. I have hit a glass ceiling. I need to get additional training in my field so that I can get promoted. Or I need to use what I learned in this career to move to another career. For example: I am an engineer.
3. I don't get to use my people skills enough.
4. I don't get to use my brain enough.
5. There is too much pressure to perform – Money is the only game. I want something that helps people. That is how I need to make a difference.
6. I need to make more money.
7. I deserve to be paid more for what I do.
8. There is too much travel in this job.
9. Other:

## Other Considerations

1. How could I apply what I learned in all the jobs I have had in this career to another career?
2. People who know me well might help me make this decision. Career Interview Questions (CIQ) I can ask people to learn about their careers:
  - A. Advantages of his career
  - B. Disadvantages
  - C. Skills required
  - D. Training required
  - E. What gives him a sense of satisfaction in his career
  - F. What he would do first if he was just starting out.
  - G. What new careers does s/he see think look the most promising
  - H. S/he knows me. What careers would both enjoy and be good at?
  - I. Will s/he look at my PSA©? Then advise me about people to talk with, directions to go,
  - J. What summer jobs would s/he advise me to get to study what a career in different professions would actually be like?
  - K. What should I have asked that I did not think of?
3. How can I make it easy for a person to help me? Would emailing them CIQ before we talk be with my PSA© as an attachment be helpful?
4. What is my dad's career? Which of my personality strengths are a lot like my dad's? As I just think about that, what comes up? As I look at my PSA© what comes up?

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5. What is my mom's career? Which of my personality strengths are a lot like my mom's? As I just think about that, what comes up? As I look at my PSA© what comes up?
6. Which of my personality strengths are completely different from my dad's? As I just think about that, what comes up? As I look at my PSA© what comes up?
7. Which of my personality strengths are completely different from my mom's? As I just think about that, what comes up? As I look at my PSA© what comes up?
8. What about other members of my family? Do they have careers that I might enjoy and be good at?
  - A. Uncle
  - B. Aunt
  - C. Cousin
  - D. Older brother
  - E. Older sister
9. As I think about my relatives other than mom and dad, who am I most like? Which of my personality strengths are a lot like this person's? As I just think about that, what comes up? As I look at my PSA© what comes up?
10. I think about my friends. What coping strengths, temperament strengths, and values do each of these people have in common? As I look at my PSA© and think of my friends – who has these strengths, too?
11. What is one thing that each person who cares about me appreciates in me?
12. What do coworkers think my personality strengths are?
13. What sticks out in my mind that my supervisor says good about me?
14. What other mentors do I have who could give me guidance?
15. As I look at my PSA©: What coping strengths, temperament strengths, and values am I really glad that I have?
16. What coping strengths, temperament strengths, and values do most of my friends have? Which ones are the same as those in 15.? Which ones are different.
17. There may be some kind of certification that is not a college degree that my mentor/others could tell me about that could help me stay here and get my next promotion. How do I find out about that?

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