**Matt's Personality Strengths Assessment (PSA)©**

Here you learn where Matt's personality strengths rank among American (1) coping strategies, (2) temperament strengths and (3) values. Then you will learn more about how he uses them.

| Personality Strength | Rank in the US Population |
|---|---|
| Aesthetic Value (Harmony) | 99% |
| Autonomy | 99% |
| Activity/Energy Level | 99% |
| Sexuality | 99% |
| Optimism | 95% |
| Achievement | 90% |
| Economic Value | 80% |
| Endurance | 80% |
| Aggression | 75% |
| Dominance | 75% |
| Seriousness | 75% |
| Objectivity | 70% |
| Social Boldness | 65% |
| Change | 55% |
| Deference | 50% |
| Order | 50% |
| Tendency to Read Feelings | 50% |
| Nurturance | 45% |
| Affiliation | 40% |
| Exhibition | 40% |
| Traditional Male View | 40% |
| Social Interest/Sociability | 25% |
| Cooperativeness | 20% |
| Theoretical Value | 19% |
| Thoughtfulness/Reflectiveness | 18% |
| Political Value | 17% |
| Friendliness/Agreeableness | 15% |
| Social Value | 15% |
| Ability to Ask for Help | 15% |
| Religious Value | 6% |
| Feelings of Guilt | 2% |
| Feelings of Inferiority | 2% |

| | | |
|---|---|---|
| Blue = Coping Strategies | Green = Temperament Strengths | Red = Values |

See the Case Study at Plan My Life.