

### Alicia Uses Her PSA© to Get a Promotion

Personality Strength	Her Rank in the US Population	How I can intentionally apply my personality strengths to evaluate my career and get promotions.
1. Theoretical Value	96%	I examine all options and select the best ones.
2. Achievement	95%	I give my best no matter what job I have.
3. Social Value	91%	I am kind, sympathetic and unselfish.
4. Autonomy	90%	I use this ability to make decisions independently.
5. Tendency to Read Feelings	83%	This strength is invaluable in this position. I see when a lady really feels good in a dress that she puts on and encourage her to select what a dress that give her confidence.
6. Ability to Ask for Help	81%	I respect what people know, ask for help, and they give me help.
7. Feelings of Guilt	80%	If I do something wrong, I feel bad and change what I do.
8. Feelings of Inferiority	80%	I am new here and have so much to learn.
9. Economic Value	75%	Money is important, but it is not my highest value.
10. Endurance	75%	When I get tired, I remember that I have this ability.
11. Sexuality	75%	I can work with men as well as with women.
12. Thoughtfulness /Reflectiveness	65%	I think a subject through carefully before I make a decision.
13. Aggression	55%	I can defend my decisions and speak out if necessary.
14. Social Boldness	55%	I meet people easily.
15. Nurturance	50%	I combine this with 3. and 5. to create a caring climate.
16. Restraint/Seriousness	50%	I can be careful in deciding what I do.
17. Aesthetic Value (Harmony)	40%	I need to find how I can prepare myself to contribute to society rather than focus on getting along.
18. Exhibition	35%	I let others have the limelight.
19. Traditional Female View	35%	I do not let the fact that I am female hold me back from accomplishing what I decide to do.
20. Cooperativeness	30%	My primary responsibility is to work and go to school; I don't Have time to think about how everyone can cooperate better.
21. General Activity/Energy	30%	Do I wear myself out by working too hard at work and school?
22. Optimism	30%	Right now going to college without much money looks Like an uphill challenge, but I'll figure it out.
23. Political Value	30%	I am not tempted to run for public office.

24. Religious Value	25%	Although I factor in unity, I have to make tough decisions that have other requirements.
25. Friendliness/Agreeableness	20%	I need to get work and go to college – not focus on being friendly/agreeable.
26. Objectivity	20%	My feelings tell me what works for me. This is a good combination with 1.
27. Social Interest	20%	Socializing is not my primary goal.
28. Change	16%	Looks like I am going to have to raise this.
29. Order	16%	This is low on my choice of coping strategies because I do it automatically.
30. Deference	12%	Hm. Perhaps I am going to have to consider other's opinions more.
31. Dominance	12%	How I lead: I think of the best program design (99%), set a high goals (98%), read other's feelings (84%), and delegate authority. Then I get out of other people's way. That's how I am as a first line supervisor.
32. Affiliation	3%	I won't have time to join groups, anyway.

Blue = Coping Strategies

Green = Temperament Assets

Red = Value

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